



Telephone Shopping and Home Delivery

This list has been produced by Sid Valley Help for residents who cannot shop online.

The local shops and businesses listed have told us they are willing to accept orders by telephone and to arrange delivery. Please ask them about delivery charges and arrangements. The inclusion of a business in this list does not imply a recommendation and we do not take responsibility for any errors or omissions.

Baby clothes

- Crane & Kind 07971 700 203

Bedding and furniture

- Fields of Sidmouth 01395 515 124
- Potburys 01395 515 555

Books

- Paragon Books 01395 514 516
- Winstones 01395 579 969

Butchers

- Haymans 01395 512 877
- Drews of Sidbury 01395 597 373

Cakes and sweets

- The Cheeseboard 01395 515 560

Chemist, pharmacy

- Boots, High Street 01395 513 307
- Boots, Woolbrook 01395 579 566
- Lloyds, Beacon Medical Centre
01395 513 478
- Lloyds, High Street 01395 513 420

Children's clothes

- Crane & Kind 07971 700 203

Clothes and shoes

- Fields of Sidmouth 01395 515 124
- M & Co 01395 579 990

Computer and IT

- Sidsoft Computers 01395 516 992

Cookware

- Fields of Sidmouth 01395 515 124
- Gliddons Cook's Corner
01395 514 563

Dairy and delicatessen

- Dairy Shop 01395 513 018
- Milk & More 0345 606 3 606
- The Cheeseboard 01395 515 560

Disability aids

- Coastline Mobility 01395 487 260
- Living & Lifestyle Mobility
01395 260 075

Electrical appliances

- Fords 01395 571 000

Fish - fresh

- Beer Fisheries 01297 20297
- Bill's Fresh Fish 07494 534 270
- Devon Fishmonger 01404 548 867
- Sidmouth Trawlers 01395 512714

Flowers and pot plants

- Kings Garden & Leisure
01395 262278
- Whoops a Daisy 01395 577 454

Food bank

- Sid Valley Food Bank
07936 917507

Fruit and vegetables

- Drews of Sidbury 01395 597 373
- Market Fruit & Veg 074000 24250
- Milk & More 0345 606 3 606
- Winchester & Sons 07791 586197

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Grocery

- Milk & More 0345 606 3 606
- Oakhouse Foods 0333 370 2514
- Spar Delivery Service
01395 513008

Housewares

- Fields of Sidmouth 01395 515 124

Jewellery

- Fields of Sidmouth 01395 515 124
- Fitzalan Gems 01395 513 501

Laundry, ironing, sewing

- Laundry and Sewing Service
01395 577 797
- Sidford Laundry 01395 488 915

Meals - chilled or frozen

- COOK 01732 759 000
- Ducky Delish 01626 859064
- Oakhouse Foods 0333 370 2514
- The Cheeseboard 01395 515 560
- Wiltshire Farm Foods
01392 829 970

Meals - delivered or takeaway

- Balfour Arms 07900 200327
- Cinnamon Tree Restaurant
01395 514 190
- Clock Tower Restaurant
01395 515 319
- Courtyard Café 01395 577553
- Dairy Shop 01395 513018
- Haymans 01395 512 877
- Phoenix Restaurant 01395 514 720
- Pizza Pronto 01395 516 319
- Royal York & Faulkner Hotel
0800 220714
- Sidmouth Voluntary Services
01395 515063

Milk, eggs, bread

- Ducky Delish 01626 859064
- Milk & More 0345 606 3 606

Newspapers and magazines, snacks

- McColl's 01395 576 728
- Woolbrook News 01395 514 224
(plus essential grocery deliveries)

Pet food and bedding

- Sidmouth Pets 01395 512 056

Beware of scams

Fraudsters are trying to exploit fear and uncertainty surrounding COVID-19 and there has been an increase in scams. These include selling counterfeit goods and phone calls pretending to be from your bank or mortgage provider. Elderly and vulnerable residents are at risk of being exploited by strangers and cold callers posing as helpful neighbours in order to scam them.

Stop: Take a moment to stop and think before parting with your money or information.

Challenge: Could it be fake? It's ok to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.

Report: Contact your bank if you think you've fallen for a financial scam. Report scams to Action Fraud 0300 123 2040 or East Devon Citizens Advice 01395 265 070.

Sid Valley Help

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